



**Westhill  Park**  
CARE HOME



**Halcyon  
Care Homes**

A LIFESTYLE CHOICE

Westhill Park is owned and run by Halcyon Care Homes, whose goal is to help older people live happier, healthier and more fulfilled lives. By doing so, we hope that we give peace of mind to our residents' families, who have entrusted us with the care of their loved ones.

The happiness and safety of our residents is at the heart of everything that we do. By providing the right level of support for each resident, while respecting their dignity and independence, we aim to assist a better standard of life.

Our personalised high-quality care plans, five-star environment and fulfilling activities programme are all designed to enhance every day spent at our homes.

To maintain and deliver this quality of service, we constantly provide our staff with the training, respect and support they deserve.

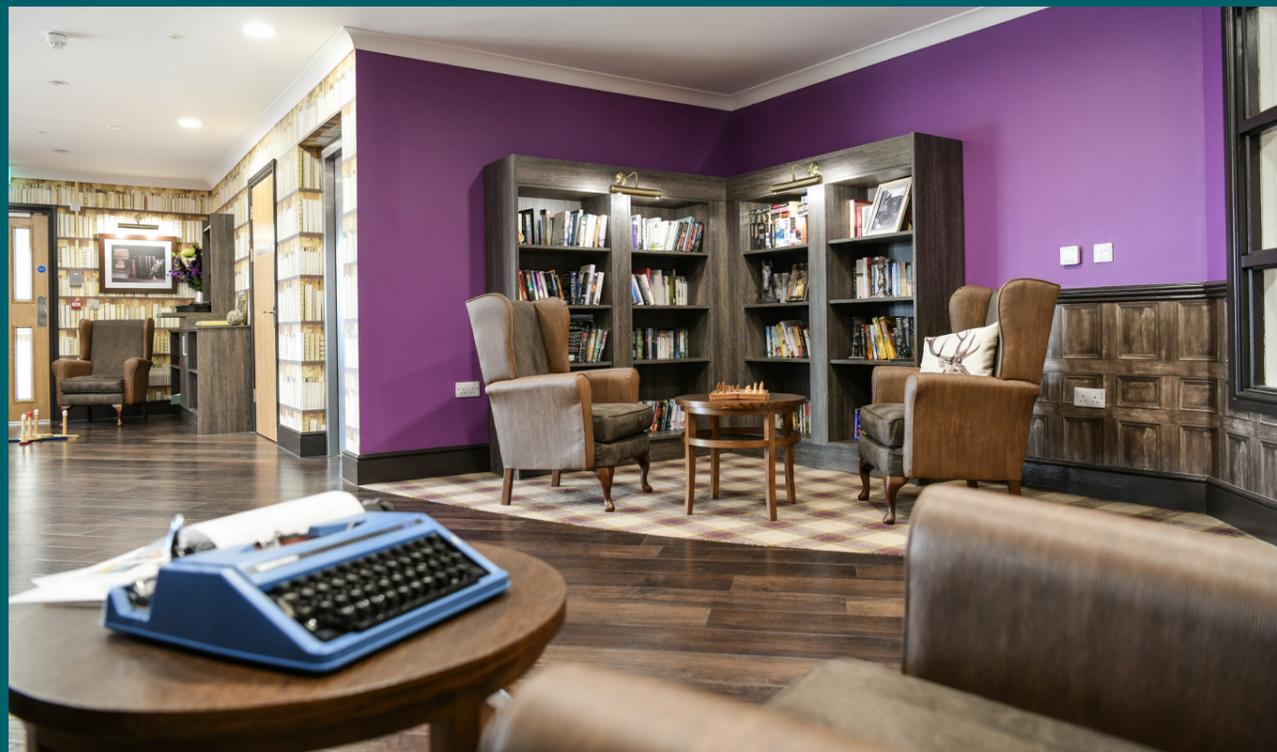
# Welcome to Westhill Park

By putting an emphasis on comfort and enjoyment, we want all of our residents to feel that our care home is their home

Westhill Park care home is more than just a care home – it is a lifestyle choice. Welcoming you to the next chapter in your life, with all the finishing touches you would expect from a warm and welcoming home, Westhill Park features luxurious social spaces, attractive décor and secure gardens. All 66 bedrooms are en suite, allowing us to deliver person-centred care in a dignified manner, while still promoting independence.

“Our aim is to provide the highest standards of care in a wonderful, modern environment”





## Make your room your own special place

We want Westhill Park to become each resident's new home, we encourage everyone to bring their personal effects such as furniture, paintings and photographs with them to make their en-suite bedroom look and feel more familiar.

Each one of the 66 comfortable bedrooms come fully equipped with a Smart TV, mini-fridge and a telephone as standard.

Westhill Park has Wi-Fi coverage throughout, allowing devices to operate in all bedrooms as well as in all of our communal areas.

So, when you aren't taking part in an activity, want to phone friends and family members, or simply want a little quiet time to yourself at the end of a busy day, your room really is your room.

## Your new home – safe and sound

Since it has been purposefully designed and newly built as a residential care home, Westhill Park combines modern functionality with welcoming, stylish and comfortable design. So, for example, since every bedroom comes with its own bathroom, these have been designed with access for older guests in mind.

Combined with large, comfortable communal spaces and a wide range of amenities ranging from a beautiful garden to an on-site hairdressers, Westhill Park is made to be a safe, relaxing and luxurious new home for its residents.



# Care that's tailored to suit your needs

As people get older, many could benefit from a bit of extra support. That's why a well-staffed residential home can take away the anxiety of struggling with everyday tasks, reduced mobility or even isolation.

At Westhill Park, we use our computerised system to develop a personalised care plan for every resident that includes their lifelong hobbies and interests as well as their immediate medical needs.

For those living with dementia, our home offers residents a safe environment with activities to stimulate both mind and body.

For anyone recovering from an illness, or who wants to give their family carer a break, we offer short-term respite. Our short break residents often use their stays as an opportunity to trial our home before deciding whether making the move permanent is right for them.



## Feel better, live better

Wellbeing means experiencing an overall feeling of happiness and satisfaction with life by doing the things you love doing.

We aim to enhance wellbeing by arranging personal activity plans to help everyone stay physically active and mentally stimulated. We encourage residents to stay connected with their loved ones and social activities outside the home, as well as to make new friends within it.

We have a packed activities calendar to suit all tastes and abilities. Since it's important that our residents maintain their sense of fun, we arrange regular trips, outings and activities. We love giving our residents something to do, which is why there are always theatre trips, shopping excursions and day trips to look forward to.





## Meals you will always look forward to

Eating good food isn't just about staying healthy – it's also about being happy. For most of us, sitting down to eat something delicious is one of the high points of every day.

Because we want everyone to look forward to their meal times, our on-site chefs at Westhill Park offer a varied weekly menu with a choice of dishes at every meal. A range of delicious, nutritious and locally

sourced meals, tea, cold drinks and snacks are also available throughout the day.

Residents are also encouraged to eat with their friends and family, and special dietary requirements can also be catered for. We go the extra mile to ensure that wholesome, fresh and tasty food, eaten in good company, is the cornerstone of every resident's day.

## The best move you'll ever make

Since a move into a residential home might feel like a huge event, we do everything we can to reassure everyone concerned – families as well as potential residents – that life in Westhill Park can be the right choice to make.

Our team works hard to support each resident and show them that they can be freed of many worries about their security, as well as lots of bothersome daily chores, to start concentrating instead on making the later years of their life happier, healthier and more fulfilling.



## Outdoor spaces in which to relax and enjoy

Being able to step outside into a place to connect with nature, breathe in the fresh air and unwind is good for many things, but mostly it's hugely positive

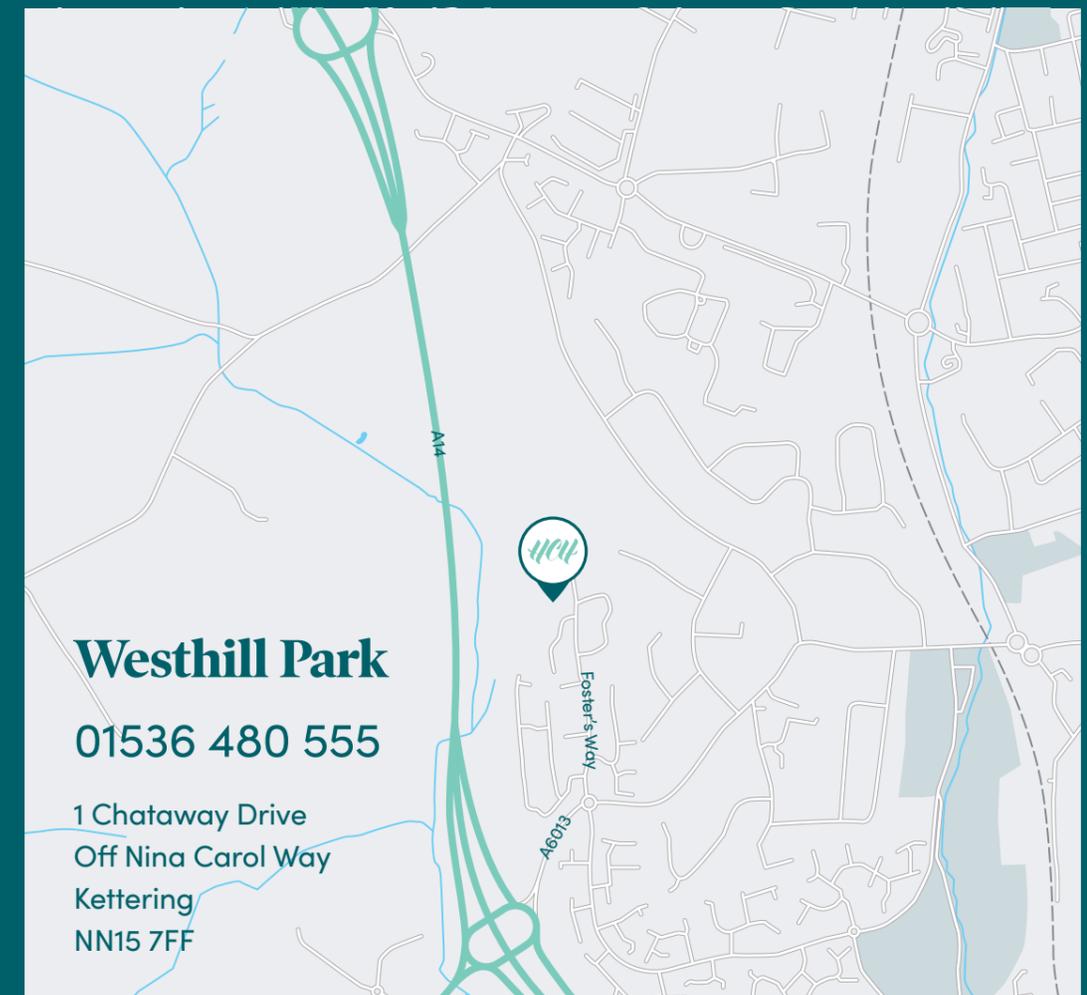
for our mental health and wellbeing. Our homes have great outdoor areas where we encourage all of our residents to take regular time to enjoy.



## Westhill Park's residents are able to use as many of our home's inclusive facilities as they want. These include:

- A highly trained, caring and compassionate care team
- Full electronic care plan tailored to your health, personal and care needs
- 66 Spacious bedroom with ensuite facilities
- Fitted furniture, flat screen Smart TV, telephone point and mini fridge in bedrooms
- Garden-facing bedroom also available
- Each relaxing bathroom has a spacious assisted bath
- Complimentary Wi-Fi throughout the home
- Landscaped sensory gardens
- Use of all social spaces including quiet lounges, garden room, dining areas, cinema room, cafe and tea room
- A choice of tasty, nutritious, meals available to enjoy in the ambient dining areas or, should you wish, in a more private setting with a glass of wine or beer
- The option to invite your guests to dine with you
- Dedicated lifestyle coordinators and regular social committee meetings to allow you to put your ideas into practice
- A full and varied programme of activities
- Clubs, entertainment and talks within the home
- Regular shopping trips and larger day trips out of the home accompanied by our staff (any venue admission would be charged)
- Transport and accompaniment to medical appointments to where necessary
- Local GP service and medication management
- Annual eye test and dental check-up (treatment charges apply)
- Monthly appointment at our on-site hairdressing salon
- Regular appointments with our chiropodist
- A selection of newspapers and magazines
- Full personal laundry service and daily housekeeping
- Disabled access and lift service
- Car parking for residents and visitors

## Where to find us



### When coming from the A14

Take exit 4 on to the B669. Follow the road up for a short distance until you come to the roundabout with the trading post pub to your right-hand side. Take the first exit off of the round about where you will see the Westhill Park sign for the new build houses. Follow Nina Carol Way road the whole way down to the bottom where you will see some building work on either side, once at the bottom of the road you will see Westhill Park on your left-hand side.

### If you're coming from Kettering town Centre

Follow the A6003 at the first roundabout continue straight and join the A6013 for 1.1 miles approximately 5 minutes. Continue on the A6013 until you reach the Trading post roundabout, take the 3rd exit off of the roundabout on to Fosters Way. Continue down Foster's way until you reach the bottom of the road. There is building on each side of Fosters Way. At the bottom of the road, you will see Westhill Park to your left-hand side as well as the sign for Westhill Park. There is parking to the front of the building.



We're with you  
every step of  
the way

## Contact Us

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